

PRESS RELEASE

8 December 2011

For immediate use

Book exposing child sexual abuse is basis of case against local authority. Author donates proportion of ebook earnings to leading abuse charity.



A survivor of sexual abuse, whose paperback autobiography, *Disruptive*, highlighting the neglect and abuse she experienced as a child whilst being cared for by a local authority, has released an ebook version of her story. *Disruptive* formed the basis for a legal case against the local authority, expected to conclude soon, and won the praise of several organisations.

**'Reveals a larger slice of the bigger picture
than many other books'**

The author, Angela Bayley (a pen name), said, 'The paperback version of *Disruptive* was published two years ago and was praised by NAPAC (The National Association for People Abused in Childhood) and others. NAPAC's Helen Munt said that my story needed to be told and that it revealed "a larger slice of the bigger picture (in terms of the impact of abuse) than many other books of its kind".

Sexual abuse widespread.

Book may help NAPAC assist more survivors.

'The sexual abuse of children is widespread – most people probably know at least one survivor, although they may not realise it. NAPAC does excellent work helping survivors, who may suffer from various problems such as self-harming behaviour and eating disorders, as I did, and Complex Post-Traumatic Stress Disorder, as I still do, yet I know they are short of funds. That is why I am giving them twenty pence for every copy of the ebook version of *Disruptive* sold. If I sell a thousand this will raise enough money to pay their telephone bill for a month, potentially helping 400 survivors!

napac

NAPAC has endorsed *Disruptive* and will receive 20p for every copy of the ebook version sold.

'From the feedback I have received from readers and reviewers, I also know that my book, which contains a chapter by a psychiatrist, could be of direct help to survivors, to their families and friends, and to people in the caring professions.

Sexual abuse impacts society

'It's extremely important to me that the long battle I have had to regain my mental and physical health, to seek justice and to tell my story, will benefit others as well as myself. The impact of childhood sexual abuse on individuals, and therefore on society, is enormous, but with the right help people can and do recover.'

NAPAC CEO: 'We should all read Angela's very powerful and moving message'

Peter Saunders FRSA, Chief Executive of NAPAC, has commented on *Disruptive* and Angela's support

of his organisation as follows: 'As well as helping other survivors come to terms with a painful past, books such as this are actually a vital element in how we protect our children today. That is why we should all read Angela's very powerful and moving message. One thing that perpetrators of abuse, or the institutions that protected those people do not want, is for survivors to speak out. Angela has had the courage to do so and we at NAPAC are pleased and privileged to have her support.'

Contact

For further information, review copies, high definition photographs and images of the book, and to arrange interviews with Angela Bayley and Eric Swanepoel, please contact:

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Notes to Editors

Previous press releases, summarising the book's contents etc.

<http://synchronybooks.wordpress.com/2009/10/16/disruptive-datasheet/>

Previous media coverage

<http://synchronybooks.wordpress.com/2010/05/20/disruptive-is-lead-story-in-regional-paper/>

Background information on child sexual abuse

<http://www.survivorscotland.org.uk/about-sexual-abuse/>

The book's availability

The ebook version of *Disruptive (How I triumphed over years of abuse from those who were supposed to protect me)* was published by Synchrony Books on [Amazon](#) and [Smashwords](#) on 30 November 2011 and is priced at £2.99. Twenty pence from every ebook sold will be donated to [NAPAC](#).

The paperback version (ISBN-10: 956325807; ISBN-13: 9780956325808) was published by Synchrony Books on 30 November 2009 at an RRP of £11.99 (see [datasheet](#)).

Reviews

'An invaluable resource...The book is really important for practitioners in child protection.'
– *Rostrum* magazine, 'the voice of social work in Scotland'

'Angela has not only retold the events on a "surface level" basis but she extends a hand to the reader and takes them into the depths of her experiences, sharing the innermost vulnerable parts of those experiences. I believe that this story needs to be told. It reveals a larger slice of the bigger picture (in terms of the impact of abuse) than many other books of its kind.'

– Helen Munt, Trustee and former Office Manager, National Association for People Abused in Childhood

'This book [...] would be particularly helpful to those who work or intend to work professionally with children and young people, in helping them to understand the impact that a damaged, disrupted childhood can have on a person's life, behaviour and relationships.'

– Pauline Pearson, Dip. Counselling, Churches' Child Protection Advisory Service

'Angela suffered neglect and abuse in childhood, the legacy of which resurfaced after she was raped as an adult and resulted in her being sectioned. Although graphic at times, this well-written story tells how she emerged a stronger person, wanting to help others.'

– Jenny Stucke, Project Manager, Directory and Book Services